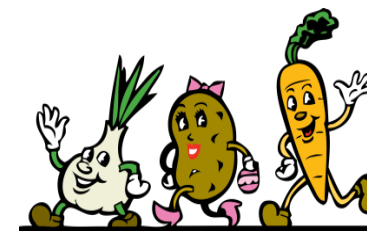


SPENCER PARK PRIMARY SCHOOL CANTEEN MENU



KEY TO FOODS

- ☺ GREEN FOODS
AMBER FOODS

TO ORDER ONLINE GO TO www.ouronlinecanteen.com.au

Sandwiches/Rolls	S/W	Roll/Wrap
☺ Cheese & Salad	\$3.50	\$4.50
☺ Egg & Salad	\$3.50	\$4.50
☺ Avocado & Salad	\$3.50	\$4.50
☺ Tuna & Salad	\$3.50	\$4.50
☺ Chicken & Salad	\$3.50	\$4.50
☺ Ham & Salad	\$3.50	\$4.50
☺ Cheese & Vegemite	\$2.50	\$3.50
☺ Cheese	\$2.00	\$3.00
☺ Vegemite	\$2.00	\$3.00
Add Mayo or Chutney	Add \$0.40	
Gluten Free	Add \$0.50	

Hot Lunches	
☺ Lasagne	\$4.50
☺ Spaghetti Bolognese	\$4.50
☺ Mac Cheese	\$4.50
☺ Beef Burger	\$5.50
☺ Soup & Roll	\$4.50
# Beef Pie	\$3.50
# Party Pie	\$1.20
# Sausage Roll	\$3.00
# Pizza Single	\$3.50

Drinks	
☺ Milk Chills 300ml Choc/Strawb/Ban/Neo	\$2.20
☺ Bottled Water	\$2.00
# Juice 250ml Orange/Apple/Tropical Apple & Blackcurrant	\$2.00
# LOLs Apple/Rasp/Pine/Blackcurrant	\$2.50
Ice Creams Available at Lunchtime only	
☺ Yoghurt & Berry Popsicles	\$1.00
☺ Juice & Fruit Popsicle	\$0.80
☺ Frozen Yoghurt	\$1.20
☺ Frozen Orange	\$0.30
☺ Frozen Choc Milk	\$2.20
# Paddle Pops Choc/Rainbow/Ban	\$1.50
# Vanilla Ice Cream Tub	\$1.20
# Frozen Fruit Juice Sticks	\$0.60

Jaffles & Toasted Sandwiches	
☺ Plain Cheese	\$2.50
☺ Cheese & Tomato	\$3.00
☺ Cheese & Baked Beans	\$3.00
☺ Ham & Cheese	\$4.00
☺ Ham, cheese & Tomato	\$4.50
☺ Chicken Cheese & Mayo	\$4.50
Gluten Free	Add \$0.50

Snacks: Recess & Lunch	
☺ Cheese & Crackers	\$1.20
☺ Sultana Box	\$0.80
☺ Bag of Pretzels	\$0.50
☺ Popcorn	\$0.50
☺ Muffins Sweet & Savoury	\$1.00
☺ Yoghurt	\$1.20
☺ Piece of Fruit	\$1.00
☺ Dip & Vege Stix	\$2.00

Salad Boxes G/F	
☺ Garden Salad with dressing	\$3.00
☺ Add Roast chicken, ham, tuna or egg	\$4.50
# Add chicken strip or yummy drummy	\$5.00
Not G/F (M & F only)	

Available at Recess only	
☺ Pizza Subs	\$1.30
☺ Cheesies	\$1.00
☺ Fruit Kebabs	\$1.20
# Hash Browns	\$0.50
# Yummy Drummys	\$1.20
# Chicken Strips	\$1.20

Amber foods are available on Wednesday and Friday only.

PLEASE NOTE: THAT NO CREDIT IS PROVIDED IN THIS CANTEEN.

OPENING HOURS

The canteen is open daily between the hours of 8.15 am to 1.00pm
Our online canteen shut of times for daily orders are 9.00 am

VOLUNTEERS

We are always keen to have volunteers in our canteen if you can spare a hour or two once a week, fortnight or month
Give us a call or drop in your always welcome.

KEY TO FOODS

To help schools the WA government has set a policy and standards for the provision of healthy food and drink choices in schools.

The standards are based on the traffic light system; here at Spencer Park our canteen follows this system

☺ **GREEN:** Fill the menu with foods that have salads or fruit: example: meat and salad sandwiches and platters, burgers
with salad and fruit salads

AMBER: These foods select carefully by allowing certain choices on certain days example: pies, pizzas, sausage rolls. Yummy drummies
and some ice creams and drinks

X RED: Spencer Park Canteen does not have any red food choices example: deep fried food, creamed buns, cakes
with sugary icing.

CONTACT DETAILS

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