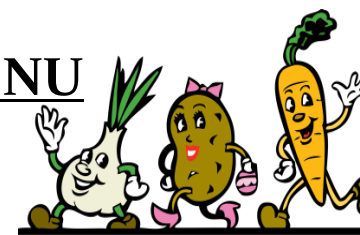




# SPENCER PARK PRIMARY SCHOOL CANTEEN MENU



## KEY TO FOODS

- ☺ GREEN FOODS
- # AMBER FOODS

TO ORDER ONLINE GO TO [www.ouronlinecanteen.com.au](http://www.ouronlinecanteen.com.au)

## ONLY AVAILABLE AT RECESS

# PIZZA SUBS	\$1.00
☺ CHEESIE	\$1.20
# HASH BROWNS (GF)	.40c
☺ MINI YUMBO	.80c
☺ HAM AND CHEESE SPUD	.80c
# CHICKEN STRIP	\$1.20
# CHICKEN NUGGETS	.50c
☺ FRUIT SMOOTHIES (avail Oct to May)	\$1.50
☺ WARM MILO (avail May to Sept)	\$1.00

## SNACKS - RECESS & LUNCH

☺ YOGHURT (GF)	\$1.00
☺ JELLY CUP (GF)	.80c
# CHOC MOUSSE (GF)	\$1.00
☺ CHOC YOGO	\$2.00
☺ PK SULTANAS (GF)	.80c
☺ BAG MIXED DRIED FRUIT	\$1.00
☺ POPCORN (GF)	SML .20c LGE .80c
☺ MUFFINS	.80c
☺ PIECE FRUIT (GF)	.80c
☺ FRUIT SALAD CUP (GF)	\$1.50

## S/WICHES WRAPS / ROLL

☺ SALAD	\$3.00	\$4.00
☺ EGG	\$3.00	\$4.00
☺ CHEESE	\$3.00	\$4.00
☺ VEGEMITE	\$2.50	\$3.50
☺ HAM	\$3.00	\$4.00
☺ CHICKEN	\$3.50	\$4.50
☺ TUNA	\$3.00	\$4.00

WANT SALAD WITH ANY OFF THESE ADD **.50c**

## JAFFELS OR YUMBOS

☺ CHICKEN, CHEESE & MAYO	\$4.00	\$5.00
☺ CHEESE	\$3.50	\$4.00
☺ HAM AND CHEESE	\$4.00	\$4.50
☺ HAM CHEESE AND PINEAPPLE	\$4.50	\$4.80

## SALAD LUNCH BOXES

	SML	LGE
☺ JUST SALAD	\$3.00	\$4.00
☺ ADD CHICKEN/ HAM OR TUNA	\$4.00	\$5.00
☺ ADD EGG OR PINEAPPLE	\$3.50	\$4.50
☺ FISH AND SALAD	\$4.00	\$5.00
☺ CHICK STRIPS AND SALAD	\$4.00	\$5.00
☺ CHICKEN NUGGETS & SALAD	\$4.00	\$5.00

## HOT LUNCHES

☺ LASAGNE/SPAG	\$4.50
☺ MACARONI CHEESE	\$4.50
☺ FRIED RICE	\$4.50
☺ SOUP & BREAD ROLL	\$4.50

## DRINKS

☺ MILK CHILLS 300 mls	\$2.20
(Choc, choc mint or banana)	
☺ UHT FLAVOURED MILKS	\$2.00
(choc or strawberry)	
☺ BOTTLED WATER 600ml	\$2.00
☺ JUICE 250ml	\$2.00
(Apple, Orange, Tropical or Apple Blackcurrant)	
☺ PLAIN MILK 250ml	\$1.50
# LOLS Avail Tues and Fri only	\$2.50
(Apple, Raspberry, or Tropical)	

## ICE CREAMS only available at lunchtimes

☺ FULL FROZEN FRUIT STICK	.50c
☺ 1/2 FROZEN FRUIT STICK	
# VANILLA ICE CREAM TUB	\$1.20
# PADDLE POPS	\$1.50
(Choc, Rainbow or Banana)	
# MINI CALLIPO	\$1.00
☺ FROZEN FRUIT PIECE	.25c
☺ FROZEN YOGHURT	\$1.20

TOMATO SAUCE	.40c
BBQ SAUCE	.40c
<b>GLUTEN FREE BREAD AVAIL ON REQUEST</b>	

## MONDAY

# BEEF PIE	\$3.50
# CHEESE PIE	\$3.50
# PARTY PIES	\$1.20ea
# PIZZA	\$3.50
# SAUSAGE ROLL	\$3.00

## TUESDAY

☺ HOT CHICKEN ROLL	\$5.00
☺ HALF HOT CHICK ROLL	\$3.00
☺ BURGER WITH SALAD	\$5.50
(Beef, Chicken or Fish)	
# HOT DOG	\$3.50
☺ ROUNDA	\$3.00

## WEDNESDAY

# YUMMY DRUMMIES	\$1.20 ea
# PIZZA	\$3.50
☺ SUSHI	\$4.50
(Tuna, Chick or Veg)	
☺ ROUNDA	\$3.00

## THURSDAY

# HOT DOGS	\$3.50
☺ STUFFED POTATOES	\$4.00
AND SALAD Choice of	
ham/cheese, Hawaiian	
tuna & corn	
# YUMMY DRUMMIES	\$1.20ea

## FRIDAY

# BEEF PIE	\$3.50
# CHEESE PIE	\$3.50
# PARTY PIES	\$1.20ea
# SAUSAGE ROL	\$3.00
☺ BURGER WITH SALAD	
(Beef, Chick or Fish)	\$5.50

**PLEASE NOTE: THAT NO CREDIT IS PROVIDED IN THIS CANTEEN.**

**OPENING HOURS**

The canteen is open daily between the hours of 8.15 am to 1.00pm  
Our online canteen shut of times for daily orders are 9.00 am

**VOLUNTEERS**

We are always keen to have volunteers in our canteen if you can spare a hour or two once a week, fortnight or month  
Give us a call or drop in your always welcome.

**KEY TO FOODS**

To help schools the WA government has set a policy and standards for the provision of healthy food and drink choices in schools.

The standards are based on the traffic light system; here at Spencer Park our canteen follows this system

☺ **GREEN:** Fill the menu with foods that have salads or fruit: example: meat and salad sandwiches and platters, burgers  
with salad and fruit salads

# **AMBER:** These foods select carefully by allowing certain choices on certain days example: pies, pizzas, sausage rolls. Yummy drummies  
and some ice creams and drinks

**X RED:** Spencer Park Canteen does not have any red food choices example: deep fried food, creamed buns, cakes  
with sugary icing.

**CONTACT DETAILS**

Spencer Park Primary School 98412488  
Canteen Manager Deborah Hull 0417175036  
spps.canteen@gmail.com