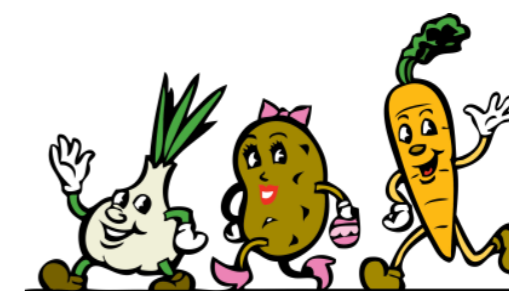




SPENCER PARK PRIMARY SCHOOL CANTEEN MENU

PLEASE PLACE ALL ORDERS BY 9AM

Orders placed after 9am will incur a \$1 surcharge, orders after 9:30am will not be accepted



KEY TO FOODS	
☺	GREEN FOODS
#	AMBER FOODS



To order online go to www.quickcliq.com.au

Sandwiches/Rolls

	S/W	Roll/Wrap
☺ Avocado & Salad	\$ 3.80	\$ 4.80
☺ Cheese & Salad	\$ 3.80	\$ 4.80
☺ Chicken & Salad	\$ 3.80	\$ 4.80
☺ Egg & Salad	\$ 3.80	\$ 4.80
☺ Ham & Salad	\$ 3.80	\$ 4.80
☺ Tuna & Salad	\$ 3.80	\$ 4.80
☺ Cheee & Vegemite	\$ 3.00	\$ 4.00
☺ Vegemite	\$ 2.50	\$ 3.50
add Mayo/Chutney	Add \$0.50	
Gluten Free	Add \$1.00	

Jaffles & Toasted Sandwiches

☺ Plain Cheese	\$ 3.00
☺ Cheese & Baked Beans	\$ 3.50
☺ Ham & Cheese	\$ 4.00
☺ Ham, Cheese & Tomato	\$ 4.50
☺ Chicken, Cheese & Mayo	\$ 4.50
Gluten Free	Add \$1.00

Salad Boxes G/F

☺ Garden salad with Cheese & Dressing	\$ 3.50
☺ Garden salad with Cheese & Dressing with Chick/Ham/Avo/Tuna/Egg	\$ 5.00
☺ Garden salad with Cheese & Dressing with H/Made Mini Quiche	#1 \$ 4.70 #2 \$ 5.90
# Garden salad with Cheese & Dressing Add Chick Strip/Yummy Drummy	#1 \$ 4.70
Not G/F - Wed & Friday Only	#2 \$ 5.90

Updated: January 2019

Hot Lunches

☺ Beef Burger	\$ 5.50
☺ Mac & Cheese	\$ 4.50
☺ Soup & Roll	\$ 5.00
☺ Spaghetti Bolognese	\$ 4.50
# Beef Pie	\$ 3.80
# Party Pie	\$ 1.30
# Pizza Single	\$ 3.80
# Sausage Roll	\$ 3.40
Sauce - Tomota/BBQ	\$ 0.40

Snacks

☺ Bliss Ball G/F	\$ 1.00
☺ Cheese & Crackers	\$ 1.50
☺ Dip & Vege Stix	\$ 2.00
☺ Mini Quiche	\$ 1.20
☺ Muesli Bar	\$ 1.20
☺ Muffins	\$ 1.50
☺ Piece of Fruit	\$ 1.00
☺ Pikelets	\$ 0.50
☺ Popcorn - Sml	\$ 0.20
- Lge	\$ 0.50
☺ Pretzel Bag	\$ 0.50
☺ Sultana Box G/F	\$ 0.80
☺ Yoghurt G/F	\$ 1.40
# Yummy Drummy/Chicken Strip	\$ 1.20

Available at Recess Only

☺ Cheesies	\$ 1.00
☺ Fruit Kebabs G/F	\$ 1.20
☺ Pizza Subs	\$ 1.40
# Hash Brown G/F	\$ 0.50

Drinks

☺ Milk Chills 300ml	\$ 2.40
Choc/Strawb/Ban/Neo	
☺ Bottled Water	\$ 2.00
# Juice 250ml	\$ 2.00
OJ/App/Trop/App&Black	
# Juice Bombs/LOLs	\$ 2.50
App&Rasp/OJ&Pass/App&Black	
☺ Warm Milo (Winter only)	\$ 1.00

Icecreams - Available at Lunchtime Only

☺ Yoghurt & Berry Popsicle	\$ 1.20
☺ Juice & Fruit Popsicle	\$ 1.00
☺ Frozen Yoghurt	\$ 1.40
☺ Frozen Milk Chills	\$ 2.40
# Paddle Pops	\$ 1.70
Choc/Rainbow/Ban/ChocMint	
# Vanilla Icecream Tub	\$ 1.40
# Frozen Fruit Juice Sticks	\$ 0.60
Half Stick	\$ 0.30

Daily Specials

Mon	Fried Rice G/F	\$ 5.00
Tues	Sushi G/F (Chick/Vege)	\$ 5.50
Thurs	Nachos G/F	\$ 6.00
	Chilli Con Carne G/F	

Amber foods are available on Wednesday & Friday Only

PLEASE NOTE: THAT NO CREDIT IS PROVIDED IN THIS CANTEEN.

OPENING HOURS

The canteen is open Tuesday - Friday between the hours of 8.15 am to 1.00pm
Our online canteen shut of times for daily orders are 9.00 am

VOLUNTEERS

We are always keen to have volunteers in our canteen if you can spare a hour or two once a week, fortnight or month
Give us a call or drop in your always welcome.

KEY TO FOODS

To help schools the WA government has set a policy and standards for the provision of healthy food and drink choices in schools.
The standards are based on the traffic light system; here at Spencer Park our canteen follows this system

☺ **GREEN:** Fill the menu with foods that have salads or fruit:

example: meat and salad sandwiches and platters, burgers with salad and fruit salads

AMBER: These foods select carefully by allowing certain choices on certain days

example: pies, pizzas, sausage rolls. Yummy drummies and some ice creams and drinks

X RED: Spencer Park Canteen does not have any red food choices

example: deep fried food, creamed buns, cakes with sugary icing.

CONTACT DETAILS

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