



# S·P·E·N·C·E·R·S·P·I·R·I·T

Spencer Park Primary School  
Jeremy Hadlow, Principal  
Hardie Road, Spencer Park (Albany) WA 6330  
Tel 08 6821 3000  
spencerparkps.wa.edu.au

We value our professional and dedicated staff and volunteers who are committed to a quality school experience for all.

Spencer Park Education Support Centre  
Rebecca Wheatley, Principal  
Hardie Road, Spencer Park (Albany) WA 6330  
Tel 08 6821 3050  
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NEWSLETTER No. 16

24 October 2019



## PRINCIPAL'S POST

Dear Parents and Friends

### Exciting Term

We have a very busy term coming up with lots of fun events for our students and families. We have already had our Performing Arts Night and we are gearing up for Year 6 camp, faction and interschool carnivals and many other great events. We would love to have as many parents and community members involved in these events as possible, as your participation helps to make these events very special in the memory of your child and the school.

### Performing Arts Concert

What a WONDERFUL evening! Congratulations to all the staff and students involved in this event. Although we were unable to undertake the event on the oval as first planned, the evening was a great celebration of singing, dance and percussion.



A HUGE thank you to all the teaching staff who prepared items and gave up their time to come along and make the evening such a success.



Thank you also to the Year 5 parents who provided food during the evening and of course to the many parents and community members that came out and supported the event. In the future we hope to hold this type of event on the oval to help promote more of a family atmosphere and resolve congestion issues.

### Year 6 Camp

Our Year 6's are off to Bridgetown once again to enjoy 4 days of fun and adventure in and around Bridgetown, Manjimup and Pemberton. Students will be visiting Big Brook Dam, a farm with many different animals and enjoying the surrounds of the beautiful karri and jarrah forests.

### Wear What You Wish Day

Friday 27 September we held a Free Dress Day to raise money for Make a Wish. We raised \$359.50. Thank you very much for your donations.

Jeremy Hadlow  
Principal

## FUTURE DATES

Library Book Fair	Wed 30 Oct
Assembly PP1	Fri 1 Nov
P&C Meeting 7.00pm	Mon 4 Nov
Year 6 Camp	4-7 Nov
Albany Show Day ( No Students)	Fri 8 Nov

## VALUES CERTIFICATES

We congratulate the following students who received certificates at Monday's Mini assembly.



Responsibility			
PP1	Lucas	Rm 9	Brock
PP2	Aroha	Rm 11	Marissa
Rm 1	Vela	Rm 18	Kayden
Rm 2	Jarvis	Rm 19	Doreen
Rm 3	Peyton	Rm 25	Sienna
Rm 8	Heath		

## CANTEEN VOLUNTEERS

Our fantastic canteen operates 4 days per week, Tuesday to Friday. The service we provide is the very best in Albany! If you have any spare time available to volunteer in the 971682 canteen on these days, please contact the school.

## SECRET CODE

Somewhere within the text of this newsletter we have buried a six-digit code. When you have found the code, SMS 0437 619 154 and include your family name and the code. The first correct answer will win a \$10 canteen credit. Winners will be announced on our Facebook page and receive notification by SMS. With regret, prizes are only available to families enrolled at our school.



## SKIPPING

Year 1 and year 2 students spent term 3 with the skipping ropes learning to jump the rope. In the last week of term 3 we had a fabulous fun jump off day.



## BOOK FAIR DRESS LIKE A PIRATE DAY

Where: Library

When: Wednesday 30th October 2019

Time: 8.15—3.30

Come dressed as a pirate to win prizes and buy some books to treasure

SCHOLASTIC Book Fairs



BOOKS ARE TREASURES YOU CAN ENJOY OVER AND OVER AGAIN





## PRINCIPAL'S PATTER

### PBS Golden Bee Award Winners

Congratulations to our students for their Golden Bee Awards this fortnight.



Quin  
Riley  
Paul

### PBS expectation of the week

Be friendly – Use kind words

### Icecreams for all

Our students earned the whole school PBS reward at the end of Term 3, which was an outing to Handasyde Cafe for an icecream. Despite the drizzly weather the students enjoyed playing in the playground, climbing on the large straw bales, and enjoying an icecream. It was a fun outing to celebrate the students' effort during the term.



### Term 4 Calendar

Wednesday 30<sup>th</sup> October Book Fair in the Library –

Dress like a Pirate Day

Friday 8<sup>th</sup> November – Professional development day  
(Student free)

Monday 18<sup>th</sup> – Friday 29<sup>th</sup> November – Swimming lessons

Bec Wheatley  
Principal

## AUSLAN SIGNING

It has been fantastic to see all our students so enthusiastic and we hope that parents and carers can participate also. We will include practical demonstrations in the newsletter so that you can, as a family, practice the use of AUSLAN in your everyday conversations. Happy learning!



## WHAT'S NEWS!

It's always great to see our students excelling at school and in the community. Does your child participate in a community club or group or joined in a special event? We'd love to celebrate this with you ... why not share your snaps? Email your photos to [spencerpark.ps@education.wa.edu.au](mailto:spencerpark.ps@education.wa.edu.au) along with a brief description and we'll publish it in our next newsletter. Already shared on Facebook? Why not make your post public and tag us @SpencerParkPS?

## COMMUNITY NEWS

Please note notices appearing below are not necessarily endorsed by the school. We provide this space for community groups to advertise to the school community. It is up to parents to scrutinise the activity and organisers for their child.

## VacSwim 2019-20

Enrol now for VacSwim summer holiday swimming lessons!

With swimming pools and beaches a big part of the Western Australian lifestyle, it's essential that your children learn how to swim and stay safe in the water.

VacSwim is for all children - from beginners to more advanced swimmers. Your children can start as young as five years old.

There are over 180 VacSwim locations around Western Australia, so wherever your family is spending these summer holidays, there will be lessons near you.

Enrol your children in VacSwim now at [education.wa.edu.au/swimming](http://education.wa.edu.au/swimming).



### 123 Magic and Emotion Coaching

This 3 session program is designed to explore ways parents can increase their child's ability to manage and self-regulate their feelings and reactions.

Learn more about:

- Building positive relationships with children
- Encouraging positive behaviour
- Setting family guidelines and routines
- Planning to avoid or manage potentially difficult situations



CRECHE  
AVAILABLE  
BOOKING

Date: Mondays 21 October, 28 October and 4 November  
Time: 12.30pm to 2.30pm  
Venue: Child and Parent Centre Mount Lockyer  
Humphreys Street, Lockyer  
Bookings: 9843 0071

Department of Education  
Western Australia

## VACSWIM 2019-20

Enrol your children in swimming lessons during the summer holidays.

Choose from three programs:

8 Days	10 Days	5 Days
<b>Program 1</b> 31 Dec - 10 January 45 minute lessons Enrolments close 10 November	<b>Program 2</b> 13 - 24 January 35 minute lessons Enrolments close 17 November	<b>Short program</b> 6 - 10 January 35 minute lessons Enrolments close 10 November
\$20 per child / \$20 concession \$41 for a family of three or more / \$54 concession (plus pool entry).		\$16 per child / \$10.50 concession \$41 for a family of three or more / \$27.50 concession (plus pool entry).

**Enrol now**  
Visit [education.wa.edu.au/swimming](http://education.wa.edu.au/swimming) or call 9402 6412.

# Active Albany

City of Albany  
**TERM 4 SPRING PROGRAM**  
October 14 - December 19, 2019

LEISURE-AQUATIC  
City of Albany  
Healthy Albany






# JOIN THE FUN

WOOLWORTHS CRICKET BLAST IS AN ALL-INCLUSIVE PROGRAM FOR KIDS WITH A DISABILITY TO LEARN NEW SKILLS AND PLAY AUSTRALIA'S FAVOURITE SPORT.

**ALBANY INTEGRATED CRICKET BLAST**  
Join in the fun this season  
Starts Wednesday October 30, 4pm-5pm  
Contact: Kyle 0434 232 179  
Visit [www.playcricket.com.au](http://www.playcricket.com.au) and search "Albany"

JOIN THE FUN AT YOUR LOCAL CENTRE  
REGISTER AT [PLAYCRICKET.COM.AU](http://PLAYCRICKET.COM.AU)





Presented by  
**Albany Light Opera**  
and  
**Theatre Company**

The 5th of the 'Let's Shine' series, integrated variety concerts starring the hidden talents of people living with a disability performing alongside Albany Light Opera existing and new members.

Directed by  
**Janet McArtney & Jill Larsen**  
**2.00pm Matinees 2019**  
**Saturday 30<sup>th</sup> Nov & Sunday 1<sup>st</sup> Dec**  
**Port Theatre, Princess Royal Drive**  
Row Seating Book online [www.paperbarks.com.au](http://www.paperbarks.com.au) or  
Paperbarks Merchants @ 240 York St.  
\$20 Adults & \$15 Conc/child/student  
Companion Cards welcomed

Keep updated 'like' [www.facebook.com/LetsShineALOTCo](http://www.facebook.com/LetsShineALOTCo) &  
[www.facebook.com/AlbanyLightOperaTheatreCompany](http://www.facebook.com/AlbanyLightOperaTheatreCompany)




# FUN AND FAST

Buzzing with the energy of Big Bash cricket, Woolworths Cricket Blast teaches kids how to bat, bowl, field and catch over a minimum of six weeks—all while making new friends.



**JUNIOR BLASTERS**  
AGES 5-7 | 60 MINS

- Learn new skills including catching, throwing and teamwork
- Make new friends or organise a group to learn together
- Wear the colours of your favourite Big Bash heroes in a personalised t-shirt
- All equipment supplied, parents join in the fun

**SIGN UP NOW TO GET YOUR JUNIOR BLASTERS PACK!**  
Includes a t-shirt and your name on it and instructions to your choice of Big Bash team colour. For a t-shirt, please add \$10 to your order.





**MASTER BLASTERS**  
AGES 7-10 | 90 MINS

- For kids with basic cricket skills
- Every kid gets a chance to bat, bowl and field
- Wear the colours of your favourite Big Bash heroes in your choice of coloured player cap
- Make new friends or organise a group to play together
- All equipment supplied, parents join in the fun

**SIGN UP NOW TO GET YOUR MASTER BLASTERS PACK!**  
Includes player cap (your choice of Big Bash team colour) & programme booklet.

JOIN THE FUN AT YOUR LOCAL CENTRE  
REGISTER AT [PLAYCRICKET.COM.AU](http://PLAYCRICKET.COM.AU)

## Community education sessions

### Managing food allergy, anaphylaxis and eczema

A team of allergy health professionals and a representative from Allergy & Anaphylaxis Australia are travelling to Albany to provide information about managing food allergy, anaphylaxis and eczema.

Education sessions			
Topic	Food allergen management for food service	Managing food allergy and anaphylaxis	Managing food allergy and eczema
Date and time	3.00 - 4.30pm Monday 28 <sup>th</sup> October 2019	7.00 - 8.30pm Monday 28 <sup>th</sup> October 2019	9.00 - 10.30am Tuesday 29 <sup>th</sup> October 2019
Venue	Albany Lotteries House Unit D22, 213-217 North Road, Albany WA.		
Audience	Canteen managers, childcare cooks/food prep staff, community catering/food service staff	Individuals with allergies, parents, school and childcare staff, general community	Individuals with food allergy and/or eczema, parents, general community

The sessions will include presentations and question time. Light refreshments will be provided.

### RSVP

To confirm your attendance, please indicate which session/s you will be attending and email completed form to [rikki@allergy.org.au](mailto:rikki@allergy.org.au) by Friday 25<sup>th</sup> October 2019.

☐ Yes, I will be attending Monday 28<sup>th</sup> October at 4.30pm (Food service)  
☐ Yes, I will be attending Monday 28<sup>th</sup> October at 7.00pm (Food allergy & anaphylaxis)  
☐ Yes, I will be attending Tuesday 29<sup>th</sup> October at 9.00am (Food allergy and eczema)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Special dietary requirements: \_\_\_\_\_



## Term 4 Great Southern

FREE parenting workshops

Workshop	Date	Location
Understanding Behaviour	22nd October	Gnowangerup
Cyber Safety	29th October	Cranbrook
Communicating with our children	6th November	South Stirling
Managing Big Emotions	12th November	Ongerup
Building Resilience in our Children	20th November	South Stirling
Managing Big Emotions	4th December	Walpole

To book or for more information please contact your local Community Resource Centre for details.

Cost: FREE - tea and coffee provided  
Crèche available at several locations

Free Parenting Programs is funded under the Families and Communities Program by the Australian Government Department of Social Services

**4Parents**  **Relationships Australia**  
WESTERN AUSTRALIA



## Connecting with Kids

Don't wait until the tough times

### TRANSITION-TO-SECONDARY-SCHOOL

- How can we listen to our kids better?
- How can we help our kids to know what they are feeling?
- How can we support our kids with what they are feeling?

All emotions are normal, it's what we do with them that matters. To support parents we are offering a series of FREE seminars to help you with recognising, understanding and responding to teen emotions.


When: → MONDAY-NOVEMBER-11-[2019]

Where: → ALBANY-CITY-LIBRARY-[Upstairs] →

Time: → 5.45--8.00pm

Contact: → Margot-Morgan-0448137192-or-mmorgan@wanslea.asn.au

Leaflet



## Parenting Programs

FREE seminars for parents


Managing Big Emotions Wed 23rd October, 2019	Cyber Safety Tues 19th November, 2019
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Bringing up great Kids  
Starts Tues 19th November, 2019  
4 week course

Where:  
Relationships Australia WA  
29 Albany Highway,  
Albany

Cost: FREE, Refreshments provided  
Call 6164 0530 to enquire or to book your spot  
Crèche subject to seminar Places are limited

4families is funded by the Australian Government  
Department of Social Services

**4families**  **Relationships Australia**  
WESTERN AUSTRALIA

 Child and Parent Centre  
Mount Lockyer



## Who's The Boss?

Is your child testing your patience by pushing back on rules and expectations? Come and learn how we can set boundaries and adjust these boundaries as our children mature and change.

During this workshop we will discuss different parenting styles, how they affect children's behaviour and give advice and tips on setting boundaries and limits.

This session is facilitated by Tonia Fahey,  
Senior School Psychologist.



**Date:** Tuesday 12 November  
**Time:** 1.00pm to 2.30pm  
**Venue:** Spencer Park Primary School  
**Bookings:** Essential - book through your school office - 6821 3000

cpc@wanslea.asn.au • Child and Parent Centre – Mount Lockyer, Humphreys Street,  
Lockyer • 0408 806 405

Supported by:  Spencer Park Primary School  
Wangara - Wangara - Wangara

In partnership with  Wanslea  
Wanslea





NATIONAL  
ANZAC  
CENTRE

## FIVE YEAR ANNIVERSARY

CELEBRATIONS • 5PM - 7PM • NOV 1



FREE NATIONAL ANZAC CENTRE ENTRY TO ALL LOCAL LEGENDS MEMBERS • LIVE MUSIC  
OPENING OF NEW EXHIBIT AT PRINCESS ROYAL FORTRESS • FREE LAWN GAMES  
FREE GUIDED TOURS OF PRINCESS ROYAL FORTRESS  
6 PM NINE POUND GUN FIRING • 10TH LIGHT HORSE TROOP • BBQ FACILITIES  
GARRISON RESTAURANT OPEN NORMAL HOURS • TAKEAWAY OPTIONS BETWEEN 5 - 7PM

[www.nationalanzaccentre.com.au](http://www.nationalanzaccentre.com.au)

# GREEN FAIR ON THE SQUARE

SATURDAY  
2ND NOVEMBER  
9AM - 1PM

TOWN SQUARE  
YORK STREET  
ALBANY

FEATURING

## SUSTAINABLE HEROES

MEET TESS, YANN & LAURA TO  
SEE HOW YOU CAN BECOME A  
SUSTAINABLE HERO TOO!

FESTIVAL OF FORGOTTEN SKILLS

FREE KIDS  
ENTERTAINMENT

UPCYCLED & ECO MARKET STALLS

PRE-LOVED TREASURES

GIANT LAWN GAMES

LOCAL FOODIE TREATS

HOT FRESH COFFEE (BYO CUP!)

WASTE QUESTIONS ANSWERED  
& LOTS MORE!



Albany

CLEANAWAY

Vancouver  
Waste Services

Green Skills Inc

TRAVEL GREEN

RIDE YOUR BIKE FOR A FREE COFFEE VOUCHER